

SOWING SEEDS IN THE GREENHOUSE

Edible
Playgrounds

1



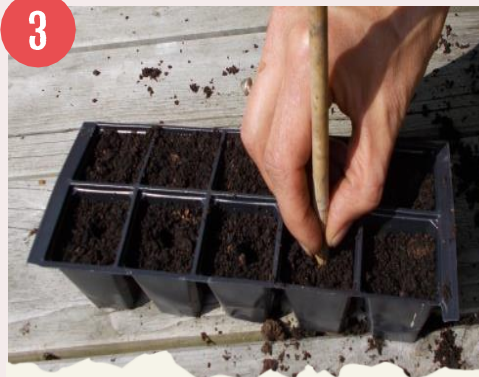
Fill seed modules or pots: sprinkle compost until the pots are slightly over full.

2



Tap, tap, tap the pots: to get rid of air gaps then wipe off any excess compost.

3



Make a seed hole: use a dibber or your finger to make a hole to correct depth.

4



TOP TIP

Make the seed hole twice as deep as the seed is big!

Hold seeds in a seed cup: to keep seeds safe.

5



Pick up seeds with pinchy fingers: just a few seeds at a time.

6



Sow the seeds: drop one or two into each hole.

7



Cover the seeds: sprinkle compost over the seeds to fill the hole.

8



Water and label: carefully until soil is soaked. Add a label with the plant name and date.